

CLIENT SUMMARY OF BENEFITS

Cigna Health and Life Insurance Co.
 For - Manchester Town and Board of Education
 Open Access Plus IN Plan - OAP29 Basic Fire



Plan Highlights	In-Network
Lifetime Maximum	Unlimited
Coinsurance	Plan pays 100% coinsurance
Calendar Year Deductible	Individual: None Family: None
Calendar Year Out-of-Pocket Maximum <ul style="list-style-type: none"> All copays and benefit deductibles contribute towards your out-of-pocket maximum. 	Individual: \$6,350 Family: \$12,700
Pre-Existing Condition Limitation (PCL)	Not Applicable
Pre-certification - Continued Stay Review - PHS+ Inpatient - required for all inpatient admissions	Coordinated by your physician
Pre-certification - Continued Stay Review - PHS+ Outpatient Prior Authorization - required for selected outpatient procedures and diagnostic testing	Coordinated by your physician

Benefit	In-Network
Physician Services	
Primary Care Physician (PCP) Office Visit	\$5 PCP copay; then Plan pays 100%
Specialty Care Physician Office Visit	\$5 Specialist copay; then Plan pays 100%
Surgery Performed in Physician's Office	Plan pays 100% coinsurance
Allergy Treatment/Injections	Plan pays 100%
Allergy Serum Dispensed by the physician in the office	Plan pays 100%

Benefit	In-Network
Preventive Care	
Routine Preventive Care - All Ages <ul style="list-style-type: none"> Includes well-baby, well-child, well-woman and adult preventive care Includes coverage of additional services, such as urinalysis, EKG, and other laboratory tests, supplementing the standard Preventive Care benefit. Firefighters (employee only) are also allowed an annual periodic exam which include the following procedures: physical exam, urinalysis, audiogram, chem-22, CBC, HDL, EKG, Chest x-rays (2 views), B-reader, and PFT. Treadmill Stress Test as recommended by your physician. 	Plan pays 100%
Immunizations - All Ages <ul style="list-style-type: none"> Includes travel related immunizations 	Plan pays 100%
Mammogram, PAP, PSA Tests <ul style="list-style-type: none"> Coverage includes the associated Preventive Outpatient Professional Services. Diagnostic-related services are covered at the same level of benefits as other x-ray and lab services, based on place of service. 	Plan pays 100%

Benefit	In-Network
Inpatient	
Inpatient Hospital Facility Semi-Private Room: Limited to the semi-private negotiated rate Private Room: Limited to the semi-private negotiated rate Special Care Units (Intensive Care Unit (ICU), Critical Care Unit (CCU)): Limited to the negotiated rate	Plan pays 100% coinsurance
Inpatient Hospital Physician's Visit/Consultation	Plan pays 100% coinsurance
Inpatient Professional Services <ul style="list-style-type: none"> For services performed by Surgeons, Radiologists, Pathologists and Anesthesiologists 	Plan pays 100% coinsurance
Multiple Surgical Reduction	Multiple surgeries performed during one operating session result in payment reduction of 50% to the surgery of lesser charge. The most expensive procedure is paid as any other surgery.

Benefit	In-Network
Outpatient	
Outpatient Facility Services	Plan pays 100% coinsurance
Outpatient Professional Services <ul style="list-style-type: none"> For services performed by Surgeons, Radiologists, Pathologists and Anesthesiologists 	Plan pays 100% coinsurance
Cardiac Rehabilitation <ul style="list-style-type: none"> 36 days maximum per occurrence 	\$5 PCP or \$5 Specialist copay; then Plan pays 100%
Short-Term Rehabilitation <ul style="list-style-type: none"> Includes physical therapy, speech therapy, occupational therapy, pulmonary rehabilitation and cognitive therapy 60 days maximum per Calendar Year for all therapies combined Includes chiropractic therapy (Includes chiropractors) Therapy days, provided as part of an approved Home Health Care plan, accumulate to the outpatient short term rehab therapy maximum Includes maintenance for chiropractic care Includes massage therapy when in conjunction with physical therapy or chiropractic care Speech, physical, and/or occupational therapy for autism spectrum disorder is covered on an unlimited basis 	\$5 PCP or \$5 Specialist copay; then Plan pays 100%

Benefit	In-Network
Other Health Care Facilities/Services	
Home Health Care (includes outpatient private duty nursing days when approved as medically necessary) <ul style="list-style-type: none"> Unlimited days maximum per Calendar Year 16 hour maximum per day 	Plan pays 100% coinsurance
Skilled Nursing Facility, Rehabilitation Hospital, Sub-Acute Facility <ul style="list-style-type: none"> 180 days maximum per Calendar Year 	Plan pays 100% coinsurance
Durable Medical Equipment <ul style="list-style-type: none"> Unlimited maximum per Calendar Year 	Plan pays 100% coinsurance
Breast Feeding Equipment and Supplies <ul style="list-style-type: none"> Limited to the rental of one breast pump per birth as ordered or prescribed by a physician. Includes related supplies 	Plan pays 100%
External Prosthetic Appliances (EPA) <ul style="list-style-type: none"> Unlimited maximum per Calendar Year 	Plan pays 100% coinsurance

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Benefit	In-Network
Other Health Care Facilities/Services	
Nutritional Formula • Birth through 12 years of age	Plan pays 100% coinsurance
Osteopaths	\$5 Specialist copay; then Plan pays 100%
Naturopath	\$5 Specialist copay; then Plan pays 100%
Wigs • \$350 maximum per calendar year	Plan pays 100% coinsurance
Hearing Aids • \$1,000 maximum per calendar year for ages 12 years and younger	Plan pays 100% coinsurance
Diabetes Training - Diabetic Self Management Courses • For Inpatient and Outpatient Training; including training conducted in group sessions, home visits and nutritional therapy; including needs assessment, education plan, education intervention, evaluation of learner outcomes, plan for follow up for continuing learning needs and documentation by the provider	You pay \$5 copay per visit
Diabetic Equipment and Supplies • Includes glucometers, blood glucose monitors for the legally blind, insulin pumps, infusion devices and related accessories, including those adaptable for the legally blind; medically necessary	Plan pays 100% coinsurance
Early Childhood Intervention Services • Services covered for child or child's family from birth to age 3	Plan pays 100% coinsurance
Routine Foot Disorders	Not covered, except for services associated with foot care for diabetes and peripheral vascular disease when medically necessary.
Vision care • Eye exam once every 24 months	Plan pays 100%
Oral Surgery - Impacted Wisdom Teeth Inpatient Facility	Plan pays 100% coinsurance

Place of Service - You pay based on where you receive services.

Benefit	Physician's Office	Outpatient Facility	Emergency Room/ Urgent Care Facility	Independent Lab	Inpatient Hospital
	In-Network	In-Network	In-Network	In-Network	In-Network
Lab and X-ray	Plan pays 100%	Plan pays 100%	Plan pays 100%	Plan pays 100%	Covered under plan's Inpatient Hospital benefit
Advanced Radiology Imaging (MRI, MRA, CAT Scan, PET Scan, etc.)	Plan pays 100%	Plan pays 100% coinsurance	Plan pays 100%	Not Applicable	Covered under plan's Inpatient Hospital benefit

Place of Service - You pay based on where you receive services.

Benefit	Physician's Office	Emergency Room	Outpatient Professional Services (Radiologist, Pathologist, ER Physician)	*Ambulance
	In-Network	In-Network	In-Network	In-Network
Emergency Care	\$5 PCP or \$5 Specialist copay; then Plan pays 100%	\$75 per visit (copay waived if admitted); then Plan pays 100%	Plan pays 100%	Plan pays 100% coinsurance

* Ambulance services used as non-emergency transportation (e.g., transportation from hospital back home) generally are not covered.

Place of Service - You pay based on where you receive services.

Benefit	Physician's Office	Urgent Care Facility	Outpatient Professional Services	*Ambulance
	In-Network	In-Network	In-Network	In-Network
Urgent Care	\$5 PCP or \$5 Specialist copay; then Plan pays 100%	\$25 per visit (copay waived if admitted); then Plan pays 100%	Plan pays 100%	Plan pays 100% coinsurance

* Ambulance services used as non-emergency transportation (e.g., transportation from hospital back home) generally are not covered.

Place of Service - You pay based on where you receive services.

Benefit	Initial Visit to Confirm Pregnancy	All Subsequent Prenatal Visits, Postnatal Visits and Physician's Delivery Charges	Office Visits in Addition to Global Maternity Fee (Performed by OB/GYN or Specialist)	Delivery - Facility (Inpatient Hospital, Birthing Center)
	In-Network	In-Network	In-Network	In-Network
Maternity	\$5 PCP or \$5 Specialist copay; then Plan pays 100%	Plan pays 100% coinsurance	\$5 PCP or \$5 Specialist copay; then Plan pays 100%	Covered same as plan's Inpatient Hospital benefit

Place of Service - You pay based on where you receive services.

Benefit	Inpatient Hospital and Other Health Care Facilities	Outpatient Services
	In-Network	In-Network
Hospice (provided as part of Hospice Care Program)	Plan pays 100% coinsurance	Plan pays 100% coinsurance
Bereavement Counseling (Services provided as part of Hospice Care Program)	Plan pays 100% coinsurance	Plan pays 100% coinsurance

Place of Service - You pay based on where you receive services.

Benefit	Physician's Office	Inpatient Facility	Outpatient Facility	Inpatient Professional Services	Outpatient Professional Services
	In-Network	In-Network	In-Network	In-Network	In-Network
Abortion (Elective and non-elective procedures)	\$5 PCP or \$5 Specialist copay; then Plan pays 100%	Plan pays 100% coinsurance	Plan pays 100% coinsurance	Plan pays 100% coinsurance	Plan pays 100% coinsurance

Place of Service - You pay based on where you receive services.

Benefit	Physician's Services - Office Visit	Inpatient Hospital Facility	Outpatient Facility Services	Inpatient Professional Services	Outpatient Professional Services
	In-Network	In-Network	In-Network	In-Network	In-Network
Family Planning - Men's Services	\$5 PCP or \$5 Specialist copay; then Plan pays 100%	Plan pays 100% coinsurance	Plan pays 100% coinsurance	Plan pays 100% coinsurance	Plan pays 100% coinsurance

Includes surgical services, such as vasectomy (excludes reversals)

Family Planning - Women's Services	Plan pays 100%				
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Includes surgical services, such as tubal ligation (excludes reversals).

Contraceptive devices as ordered or prescribed by a physician.

Infertility	\$5 PCP or \$5 Specialist copay; then Plan pays 100%	Plan pays 100% coinsurance			
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Infertility covered services: lab and radiology test, counseling, surgical treatment, includes artificial insemination, in-vitro fertilization, GIFT, ZIFT, etc.

\$5,000 lifetime maximum

Place of Service - You pay based on where you receive services.

Benefit	Inpatient Hospital Facility		Inpatient Professional Services	
	Lifesource Facility In-Network	Non-Lifesource Facility In-Network	Lifesource Facility In-Network	Non-Lifesource Facility In-Network
	Organ Transplants	Plan pays 100%	Plan pays 100% coinsurance	Plan pays 100%

Travel Maximum - Lifesource Facility: In-Network: \$10,000 maximum per Transplant

Place of Service - You pay based on where you receive services.

Benefit	Physician's Services - Office Visit	Inpatient Hospital Facility	Outpatient Facility Services	Inpatient Professional Services	Outpatient Professional Services
	In-Network	In-Network	In-Network	In-Network	In-Network
Dental Care	\$5 PCP or \$5 Specialist copay; then Plan pays 100%	Plan pays 100% coinsurance	Plan pays 100% coinsurance	Plan pays 100% coinsurance	Plan pays 100% coinsurance

Limited to charges made for a continuous course of dental treatment started within six months of an injury to sound, natural teeth.

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Place of Service - You pay based on where you receive services.

Benefit	Physician's Office	Inpatient Facility	Outpatient Facility	Inpatient Professional Services	Outpatient Professional Services
	In-Network	In-Network	In-Network	In-Network	In-Network
TMJ, Surgical and Non-Surgical	Not covered	Not covered	Not covered	Not covered	Not covered

Place of Service - You pay based on where you receive services.

Benefit	Physician's Services - Office Visit	Inpatient Hospital Facility	Outpatient Facility Services	Inpatient Professional Services	Outpatient Professional Services
	In-Network	In-Network	In-Network	In-Network	In-Network
Bariatric Surgery	\$5 PCP or \$5 Specialist copay; then Plan pays 100%	Plan pays 100% coinsurance	Plan pays 100% coinsurance	Plan pays 100% coinsurance	Plan pays 100% coinsurance

Place of Service - You pay based on where you receive services.

Benefit	Inpatient	Outpatient - Physician's Office (includes individual, group therapy mental health and intensive outpatient mental health)	Outpatient Facility (includes individual, group therapy mental health and intensive outpatient mental health)
	In-Network	In-Network	In-Network
Mental Health	Plan pays 100% coinsurance	\$5 copay, then Plan pays 100%	Plan pays 100% coinsurance

- Unlimited maximum per Calendar Year
- Mental Health services are paid at 100% after you reach your out-of-pocket maximum

Place of Service - You pay based on where you receive services.

Benefit	Inpatient	Outpatient - Physician's Office (includes individual and intensive outpatient substance abuse)	Outpatient Facility (includes individual and intensive outpatient substance abuse)
	In-Network	In-Network	In-Network
Substance Abuse	Plan pays 100% coinsurance	\$5 copay, then Plan pays 100%	Plan pays 100% coinsurance

Note: Detox is covered under medical

- Unlimited maximum per Calendar Year
- Substance Abuse services are paid at 100% after you reach your out-of-pocket maximum

Mental Health and Substance Abuse services

MH/SA Service Specific Administration

Partial Hospitalization, Residential Treatment and Intensive Outpatient Programs:

- Partial Hospitalization: The coinsurance level for Partial Hospitalization services is the same as the coinsurance level for inpatient MH/SA services.
- Standard for Residential Treatment: Subject to the plan's inpatient MH/SA benefit. Coverage only if approved through Cigna Behavioral Health Case Management.
- Intensive Outpatient Program (IOP): Benefit is the same as outpatient visits. Coverage only if approved through Cigna Behavioral Health Case Management.

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Mental Health and Substance Abuse services

Mental Health/Substance Abuse Utilization Review, Case Management and Programs

Cigna Behavioral Advantage - Inpatient and Outpatient Management

- Inpatient utilization review and case management
- Outpatient utilization review and case management
- Partial Hospitalization
- Intensive outpatient programs
- Changing Lives by Integrating Mind and Body Program
- Lifestyle Management Programs: Stress Management, Tobacco Cessation and Weight Management.
- Narcotic Therapy Management
- Complex Psychiatric Case Management

Pharmacy

Pharmacy benefits not provided by Cigna

Health and Wellness Programs

Your Health First - 200

Individuals with one or more of the chronic conditions, identified on the right, receive the following support:

- Health and Wellness Coaching
- Cigna Well Informed Program
- Preference Sensitive Care
- 24 hour Health Information Line
- Pre/Post Discharge Outreach

Holistic health support for the following chronic health conditions:

- Heart Disease
- Coronary Artery Disease
- Angina
- Congestive Heart Failure
- Acute Myocardial Infarction
- Peripheral Arterial Disease
- Asthma
- Chronic Obstructive Pulmonary Disease (Emphysema and Chronic Bronchitis)
- Diabetes Type 1
- Diabetes Type 2
- Metabolic Syndrome/Weight Complications
- Osteoarthritis
- Low Back Pain
- Anxiety
- Bipolar Disorder
- Depression

Case Management

Coordinated by Cigna HealthCare. This is a service designated to provide assistance to a patient who is at risk of developing medical complexities or for whom a health incident has precipitated a need for rehabilitation or additional health care support. The program strives to attain a balance between quality and cost effective care while maximizing the patient's quality of life.

Definitions

Coinsurance - After you've reached your deductible, you and your plan share some of your medical costs. The portion of covered expenses you are responsible for is called coinsurance.

Copay - A flat fee you pay for certain covered services such as doctor's visits or prescriptions.

Deductible - A flat dollar amount you must pay out of your own pocket before your plan begins to pay for covered services.

Out-of-Pocket Maximum - Specific limits for the total amount you will pay out of your own pocket before your plan coinsurance percentage no longer applies. Once you meet these maximums, your plan then pays 100 percent of the "maximum reimbursable charges" or negotiated fees for covered services.

Prescription Drug List - The list of prescription brand and generic drugs covered by your pharmacy plan.

Transition of Care - Provides in-network health coverage to new customers when the customer's doctor is not part of the Cigna network and there are approved clinical reasons why the customer should continue to see the same doctor.

Dollars & Sense

DOLLARS & SENSE: Easy ways to decrease your out-of-pocket health care expenses.

In-network care

Using doctors, hospitals and facilities that participate in the Cigna network can save you money. In addition, choosing Cigna Care designated specialists - doctors in 19 specialties who have been identified for their superior performance in quality and cost efficiency - may save you even more. You can verify that a doctor or facility is in Cigna's network and learn more about the Cigna Care designation by checking the directory on myCigna.com or Cigna.com, or by calling the customer service number on the back of your Cigna ID card. Cigna is open 24/7.

Urgent care

(Average urgent care center cost \$131 / Average hospital ER cost \$1,523)

Many people use the emergency room (ER) for conditions that are not serious or life-threatening. Using an urgent care center or your doctor's office instead of an ER can save you hundreds of dollars and provides the same quality of care as an ER. If you need care and are not sure if you need to go to the ER, speak with your doctor or call Cigna's 24-hour nurse line at the number on the back your Cigna ID card to determine the most appropriate location for urgent care.

Convenience care or retail clinics

(Average convenience care clinic cost \$61 / Average hospital ER cost \$1,523)

Convenience care clinics provide quick and easy access to high quality treatment for common medical conditions when your doctor is not available. These clinics are located in department stores, grocery stores and pharmacies. To locate convenience care clinics, you can check the Directory on myCigna.com or Cigna.com, or call the customer service number on the back of your Cigna ID card. Cigna is open 24/7.

Laboratory and pathology tests

(Average LabCorp/Quest cost \$9 / Average other lab cost \$24 / Average outpatient hospital lab cost \$48)

Two of the nation's largest and most prominent laboratories, Quest Diagnostics, Inc. (Quest) and Laboratory Corporation of America (LabCorp), participate in the Cigna network. Services at these labs can cost 70-75% less and offer the same or better quality than hospital laboratories. When you need lab services, discuss these options with your doctor. To find the nearest Quest and LabCorp locations, check the directory on myCigna.com or Cigna.com.

Radiology services (MRI or CT scan)

(Average independent radiology facility cost \$591 / Average outpatient hospital cost \$1,198)

If you need to have an MRI or CT scan, you can save hundreds of dollars by using an independent radiology center. While Cigna contracts with all types of facilities that provide radiology services, using independent radiology centers will save you money, without any difference in quality. Discuss location options with your doctor. For help locating the most cost effective facility in which to have an MRI or CT scan, you can use the cost comparison tools on myCigna.com or call the customer service number on the back of your Cigna ID card.

Colonoscopy, endoscopy or arthroscopy

(Average freestanding surgery center cost \$1,438 / Average outpatient hospital cost \$2,821)

When a doctor recommends a colonoscopy, GI endoscopy or arthroscopy, make sure you know your options. Using a freestanding outpatient surgery center for these procedures instead of a hospital can often save hundreds of dollars, while maintaining the same high quality as a hospital. Talk with your doctor about options. For help locating the most appropriate facility, you can use our cost comparison tools on myCigna.com or call the customer service number on the back of your Cigna ID card.

Exclusions

What's Not Covered (not all-inclusive):

Your plan provides for most medically necessary services. The complete list of exclusions is provided in your Certificate or Summary Plan Description. To the extent there may be differences, the terms of the Certificate or Summary Plan Description control. Examples of things your plan does not cover, unless required by law or covered under the pharmacy benefit, include (but aren't limited to):

- Care for health conditions that are required by state or local law to be treated in a public facility.
- Care required by state or federal law to be supplied by a public school system or school district.

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Exclusions

- Care for military service disabilities treatable through governmental services if you are legally entitled to such treatment and facilities are reasonably available.
- Treatment of an Injury or Sickness which is due to war, declared, or undeclared, riot or insurrection.
- Charges which you are not obligated to pay or for which you are not billed or for which you would not have been billed except that they were covered under this plan.
- Assistance in the activities of daily living, including but not limited to eating, bathing, dressing or other Custodial Services or self-care activities, homemaker services and services primarily for rest, domiciliary or convalescent care.
- For or in connection with experimental, investigational or unproven services.
- Any services and supplies for or in connection with experimental, investigational or unproven services. Experimental, investigational and unproven services do not include routine patient care costs related to qualified clinical trials as described in your plan document. Experimental, investigational and unproven services are medical, surgical, diagnostic, psychiatric, substance abuse or other health care technologies, supplies, treatments, procedures, drug therapies or devices that are determined by the Healthplan Medical Director to be: not demonstrated, through existing peer-reviewed, evidence-based scientific literature to be safe and effective for treating or diagnosing the condition or illness for which its use is proposed; or not approved by the U.S. Food and Drug Administration (FDA) or other appropriate regulatory agency to be lawfully marketed for the proposed use; or the subject of review or approval by an Institutional Review Board for the proposed use.
- Cosmetic surgery and therapies. Cosmetic surgery or therapy is defined as surgery or therapy performed to improve or alter appearance or self-esteem or to treat psychological symptomatology or psychosocial complaints related to one's appearance.
- The following services are excluded from coverage regardless of clinical indications: Abdominoplasty; Panniculectomy; Rhinoplasty; Blepharoplasty; Redundant skin surgery; Removal of skin tags; Acupressure; Craniosacral/cranial therapy; Dance therapy, Movement therapy; Applied kinesiology; Rolfing; Prolotherapy; and Extracorporeal shock wave lithotripsy (ESWL) for musculoskeletal and orthopedic conditions.
- Surgical or nonsurgical treatment of TMJ disorders.
- Dental treatment of the teeth, gums or structures directly supporting the teeth, including dental X-rays, examinations, repairs, orthodontics, periodontics, casts, splints and services for dental malocclusion, for any condition. Charges made for services or supplies provided for or in connection with an accidental injury to sound natural teeth are covered provided a continuous course of dental treatment is started within six months of an accident. Sound natural teeth are defined as natural teeth that are free of active clinical decay, have at least 50% bony support and are functional in the arch.
- Medical and surgical services, initial and repeat, intended for the treatment or control of obesity, except for treatment of clinically severe (morbid) obesity as shown in Covered Expenses, including: medical and surgical services to alter appearance or physical changes that are the result of any surgery performed for the management of obesity or clinically severe (morbid) obesity; and weight loss programs or treatments, whether prescribed or recommended by a Physician or under medical supervision.
- Unless otherwise covered in this plan, for reports, evaluations, physical examinations, or hospitalization not required for health reasons including, but not limited to, employment, insurance or government licenses, and court-ordered, forensic or custodial evaluations.
- Court-ordered treatment or hospitalization, unless such treatment is prescribed by a Physician and listed as covered in this plan.
- Transsexual surgery including medical or psychological counseling and hormonal therapy in preparation for, or subsequent to, any such surgery.
- Any services or supplies for the treatment of male or female sexual dysfunction such as, but not limited to, treatment of erectile dysfunction (including penile implants), anorgasm, and premature ejaculation.
- Medical and Hospital care and costs for the infant child of a Dependent, unless this infant child is otherwise eligible under this plan.
- Nonmedical counseling or ancillary services, including but not limited to Custodial Services, education, training, vocational rehabilitation, behavioral training, biofeedback, neurofeedback, hypnosis, sleep therapy, employment counseling, back school, return to work services, work hardening programs, driving safety, and services, training, educational therapy or other nonmedical ancillary services for learning disabilities, developmental delays, autism or mental retardation.

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Exclusions

- Therapy or treatment intended primarily to improve or maintain general physical condition or for the purpose of enhancing job, school, athletic or recreational performance, including but not limited to routine, long term, or maintenance care which is provided after the resolution of the acute medical problem and when significant therapeutic improvement is not expected.
- Consumable medical supplies other than ostomy supplies and urinary catheters. Excluded supplies include, but are not limited to bandages and other disposable medical supplies, skin preparations and test strips, except as specified in the "Home Health Services" or "Breast Reconstruction and Breast Prostheses" sections of this plan.
- Private Hospital rooms and/or private duty nursing except as provided under the Home Health Services provision.
- Personal or comfort items such as personal care kits provided on admission to a Hospital, television, telephone, newborn infant photographs, complimentary meals, birth announcements, and other articles which are not for the specific treatment of an Injury or Sickness.
- Artificial aids including, but not limited to, corrective orthopedic shoes, arch supports, elastic stockings, garter belts, corsets, and dentures.
- Aids or devices that assist with nonverbal communications, including but not limited to communication boards, prerecorded speech devices, laptop computers, desktop computers, Personal Digital Assistants (PDAs), Braille typewriters, visual alert systems for the deaf and memory books.
- Eyeglass lenses and frames and contact lenses (except for the first pair of contact lenses for treatment of keratoconus or post cataract surgery).
- Eye exercises and surgical treatment for the correction of a refractive error, including radial keratotomy.
- Treatment by acupuncture.
- All non-injectable prescription drugs, injectable prescription drugs that do not require Physician supervision and are typically considered self-administered drugs, nonprescription drugs, and investigational and experimental drugs, except as provided in this plan.
- Routine foot care, including the paring and removing of corns and calluses or trimming of nails. However, services associated with foot care for diabetes and peripheral vascular disease are covered when Medically Necessary.
- Membership costs or fees associated with health clubs, weight loss programs and smoking cessation programs.
- Genetic screening or pre-implantations genetic screening. General population-based genetic screening is a testing method performed in the absence of any symptoms or any significant, proven risk factors for genetically linked inheritable disease.
- Dental implants for any condition.
- Fees associated with the collection or donation of blood or blood products, except for autologous donation in anticipation of scheduled services where in the utilization review Physician's opinion the likelihood of excess blood loss is such that transfusion is an expected adjunct to surgery.
- Blood administration for the purpose of general improvement in physical condition.
- Cost of biologicals that are immunizations or medications for the purpose of travel, or to protect against occupational hazards and risks.
- Cosmetics, dietary supplements and health and beauty aids.
- Medical treatment for a person age 65 or older, who is covered under this plan as a retiree, or their Dependent, when payment is denied by the Medicare plan because treatment was received from a nonparticipating provider.
- Medical treatment when payment is denied by a Primary Plan because treatment was received from a nonparticipating provider.
- For or in connection with an Injury or Sickness arising out of, or in the course of, any employment for wage or profit.
- Telephone, e-mail, and Internet consultations, and telemedicine.
- Reversal of male and female voluntary sterilization.

These are only the highlights

This summary outlines the highlights of your plan. For a complete list of both covered and not covered services, including benefits required by your state, see your employer's insurance certificate or summary plan description -- the official plan documents. If there are any differences between this summary and the plan documents, the information in the plan documents takes precedence. This summary provides additional information not provided in the Summary of Benefits and Coverage document required by the Federal Government.

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