

Employees.....



Weight Watchers Is Still Here!

We are hoping to continue to bring Weight Watchers meetings to the workplace for the ultimate convenience in weight-loss. You can attend weekly Weight Watchers meetings on your lunch break with your co-workers!

Debbie Rondinelli, our Weight Watchers meeting leader, has been facilitating the 12 week program and we are offering another session to any interested employees.

Here are the basics-

*The 12 week program will start May 21, 2014 and meet weekly on Wednesdays at noon in the Manchester Room of Town Hall. You get a confidential weigh-in each week and have a group meeting afterward.

*The cost is \$165. Full payment is expected at the first meeting by cash, check or credit card. A 3-part split payment will be offered and explained. We need at least 15 employees to run the program on site. Payment includes 14 weeks of e-tools.

*The Town will reimburse 50% of the cost if you attend 11 out of 12 sessions.

If you are interested in joining this fantastic program, please call Human Resources at 860-647-3126 to register by May 14, 2014.

We hope to see you there!